

# Applying to Psych Grad School Seminar

PSA ~ [www.psych.utoronto.ca/~psa](http://www.psych.utoronto.ca/~psa)

Planning your Future ~ [psych.eudaimonia.ca](http://psych.eudaimonia.ca)

## 1) Decide to go to grad school

## 2) Decide on Area

- a. 3 main areas of Psych Grad school: 1) Applied and Counseling (PhD or terminal masters),  
2) Research PhD  
3) Clinical PhD

## 3) Decide on Topic

- a. Area within (e.g., Personality Disorders, Health psychology, Cognition)

## 4) List of potential schools

- a. Search by Program Topic to get a list of schools:
  - i. [www.gradschools.com](http://www.gradschools.com) for US and “outside US”
  - ii. [www.prospects.ac.uk](http://www.prospects.ac.uk) for United Kingdom
  - iii. [www.socialpsychology.org](http://www.socialpsychology.org) (not just social)
  - iv. **APA graduate studies book** for Canada and US – available from PSA website & office
- b. Search by Topic via **psycinfo**

## 5) Decide on Grad schools

- a. Narrow by: Specific Program of interest? End Result (e.g., accredited for clinical)? Faculty in interested area? Courses taught in program? – psych departments websites
- b. Narrow further by: Entrance Requirements? Financial Considerations? Faculty of interest taking graduate students? - APA graduate studies book or for Canadian schools=  
<http://www.cpa.ca/graduate/guide.pdf>

## 6) Scholarships – need transcripts & letters of reference (due Early Fall onwards)

- a. NSERC ([www.nserc.gc.ca](http://www.nserc.gc.ca)), OGS ([http://osap.gov.on.ca/eng/not\\_secure/ogs.htm](http://osap.gov.on.ca/eng/not_secure/ogs.htm)), SSHRC ([www.sshrc.ca](http://www.sshrc.ca)), CIHR ([www.chir-irsc.gc.ca](http://www.chir-irsc.gc.ca))
- b. Notes from Feb 2006 Talk in PSA office

## 7) GRE- General & GRE-psych

- a. Writing the GRE Seminar – Thurs March 16 5-6pm Psych Lounge

## 8) Letters of reference

- a. **Early Fall**: decide on a list of potential writers/referees
- b. **Early Fall**: Email potential writers/referees
- c. **3 weeks before deadlines**: Send relevant information to writers/referees

## 9) Transcripts ~ Request on ROSI

## 10) Filling out Applications

- a. Take time for each application

## 11) Contact potential supervisors ~ anytime

## 12) Personal Statements

## 13) When invited to a school, Go!